



Chrysalis House, Inc.
Annual Report
2016-2017



*Building a Community,
one Family at a Time...*



Our mission: To support women and their families in recovery from alcohol and other drug abuse.

Our vision: To help recovering chemically dependent women and their families lead sober, independent lives that are socially, physically, emotionally, spiritually stable and rewarding.

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Chrysalis House Receives \$450,000 from Attorney General Beshear's Office

June 16, 2016, Attorney General Andy Beshear joined state and local leaders in Lexington to present Chrysalis House \$450,000 to support women and their families in recovery from alcohol and other drugs.

A core mission of the Office of the Attorney General is to address Kentucky's drug epidemic by supporting recovery efforts by organizations like Chrysalis House.

"As a result of a court settlement, my office is able to provide support to the Chrysalis House and other deserving drug treatment and recovery agencies throughout the Commonwealth," Beshear said. "Chrysalis House has been saving families, one life at a time, for more than 37 years. I am honored to support what they are doing to improve the lives of children and treat substance dependent expecting mothers."

"Chrysalis House is one of the few programs that allows babies to stay with their mothers while in treatment, and we are thrilled to receive this funding," said Executive Director Lisa Minton.

"Investing in a mother is investing in a family, and investing in a family is investing in the future."

In the recently passed state budget, lawmakers appropriated funds recovered from the Purdue Pharma case to 15 different recovery facilities and drug treatment centers recommended by the Attorney General that provide a variety of services throughout the Commonwealth.

"Women and children are impacted by powerful drugs in communities across Kentucky every day," said Rep. George Brown Jr., of Lexington. "To break the revolving door of addiction and incarceration we must provide pathways to treatment and financial support for programs that work, like those at Chrysalis House. Thanks to Attorney General Beshear, this grant will bring needed resources to confront the addiction crisis in our Commonwealth."

Beshear said substance abuse is Kentucky's most overpowering, prevalent problem. He said public officials must support proven and effective programs like Chrysalis House if the state wants to end substance abuse and assist Kentucky families.

Waitlist Summary Over the Past 3 Years (50 Beds Available)

	<u>2017</u>	<u>2016</u>	<u>2015</u>
Total Women Admitted to CH	127 (16%)	131 (15%)	129 (15%)
Total Women Not Admitted to CH	604 (72%)	628 (67%)	580 (69%)
Remaining on Wait List at Dec. 31	<u>103</u> (12%)	<u>178</u> (18%)	<u>134</u> (16%)
	834	939	843
<u>Pregnant</u> Women Added to Wait List	125 (15%)	147 (16%)	113 (14%)

Being on a waiting list is frequently mentioned as a barrier, leading some to give up on treatment and to continue using, while prompting others to view sobriety during the waiting period as proof they do not need treatment.

EFFECTIVENESS OF SERVICES

(Based on Calendar Year)

	<u>2016</u>	<u>2015</u>
⇒ Total Number of Women Who Exited Treatment	125	132
⇒ <u>Number of Women Who Completed Residential</u>	46 (36%)	68 (52%)
*Avg. Length of Stay	6.30 Months	6.34 Months
*Avg. Number of Treatment Encounters	194	112

Only 36% of women receiving services in 2016 completed residential treatment while 52% completed in 2015.

⇒ <u>Number of Women Who Did NOT Complete Residential</u>	79 (64%)	64 (48%)
*Avg. Length of Stay	4.34 Months	2.50 Months
*Avg. Number of Treatment Encounters	137	60

The clients who did not complete residential treatment had an average length of stay of 4.34 months in 2016 and only 2.50 months in 2015.

The women that did not complete residential treatment at Chrysalis House stayed engaged in treatment over 3 times that of a 30-day program, receiving individual clinical services, psychoeducational groups, parenting interventions, medical services and access to 12-step support.

Serving Women Across Kentucky (01/01/2014 - 12/31/2016)

1	Adair	5	24	Grayson	1	47	Meade	1
2	Allen	1	25	Hardin	2	48	Mercer	1
3	Anderson	3	26	Harlan	3	49	Metcalfe	1
4	Bath	5	27	Harrison	7	50	Monroe	2
5	Bell	2	28	Henderson	2	51	Montgomery	12
6	Boone	4	29	Hickman	1	52	Morgan	2
7	Bourbon	3	30	Hopkins	3	53	Nelson	1
8	Boyle	1	31	Jefferson	12	54	Perry	3
9	Bracken	1	32	Jessamine	12	55	Pike	7
10	Breathitt	1	33	Johnson	1	56	Powell	6
11	Bullitt	2	34	Kenton	7	57	Pulaski	6
12	Calloway	3	35	Knott	1	58	Rockcastle	2
13	Campbell	3	36	Knox	2	59	Rowan	9
14	Christian	2	37	Lawrence	2	60	Russell	1
15	Clark	7	38	Lee	1	61	Scott	4
16	Fayette	166	39	Lewis	1	62	Simpson	1
17	Fleming	1	40	Logan	1	63	Taylor	2
18	Floyd	4	41	Madison	18	64	Union	2
19	Franklin	15	42	Magoffin	3	65	Warren	1
20	Fulton	1	43	Marion	1	66	Whitley	4
21	Gallatin	1	44	Mason	4	67	Wolfe	4
22	Garrard	4	45	McCracken	2	68	Woodford	3
23	Grant	5	46	McCreary	2			

Services Offered At Chrysalis House

Chrysalis House has a strong core that includes approaches, interventions, and services that are effective in reaching and retaining women. Chrysalis House considers the needs of women in all aspects of program design and delivery, including location, staffing, program development, program content, and program materials. We provide a safe and comfortable environment in which women can develop supportive relationships that allow them to address their recovery needs.

Chrysalis House delivers or makes referrals for all core services (clinical treatment, clinical support, and community support). Chrysalis House implements a multi-service program approach, employing licensed or credentialed therapists and case managers while collaborating with partner agencies for primary health and medicated assisted treatment.

PRIMARY TYPES OF SERVICES

Clinical Treatment Services are defined as services necessary to address the medical and biopsychosocial issues associated with addiction. Clinical treatment services include:

- Outreach and engagement
- Screening
- Crisis intervention
- Assessment
- Treatment planning
- Case management
- Substance abuse counseling and education
- Trauma services
- Medical care
- Pharmacotherapy/Medication Assisted Treatment
- Mental health services
- Drug monitoring
- Continuing care

Clinical Support Services assist clients in maintaining their recovery. Clinical support services include:

Within the residential living environment

- Daily Schedule
- Skill Development & Modeling
- House Meeting
- Personal Notebook
- Parenting & Child Development Education

Outside the residential living environment

- Primary health care services
- Life skills
- Family days
- Educational remediation and support
- Employment readiness services
- Linkages with legal and child welfare systems
- Housing support
- Criminal justice
- Advocacy
- Recovery community support services

Community and Recovery Support Services integrate community and recovery support services for women. For many women with substance use disorders, these services are critical for establishing a drug-free lifestyle and improving economic and social well-being for their children and families. Community support services include:

- Housing that encourages alcohol- and drug-free living
- Ongoing family-strengthening services
- Child care
- Transportation
- TANF and SNAP linkages
- Recovery support and substance abuse prevention in the workplace
- Vocational and academic education services
- Connections to faith-based organizations as appropriate and desired.

JOURNEY
of a thousand miles begins with a
SINGLE STEP

Lean In



Ms. Rowena Ruff

Recipient of the
2017 Neal Vaughan
Spirit Award

The 2017 recipient of the Neal Vaughan Spirit Award was Ms. Rowena Ruff. Rowena has been a board member for over 15 years. She has served on numerous committees: from Nominating, Governance, Finance, Executive, to 12-Step. She is a financial consultant and understands the challenges that individuals and businesses face today.

Rowena has a passion for cycling and is very enthusiastic about sharing her passion with others. She has integrated community resources, and as a member of the Bluegrass Cycling Club, she obtained bikes for our women and children, with the additional bonus of safety training. As a professional in our community, she has used her position to help Chrysalis House "friend raise" as well as "fund raise."



Mrs. Martha Helen Smith

6th Annual Chrysalis House
Mother's Day Honoree

In the Words of Our Clients...

"The Chrysalis House changed my life. I know how cliché that can sound but it's facts. I wouldn't be who I am without them."

"Saved my life!!! The staff is incredible and put their heart and soul into it. I couldn't say enough good things. I now have my daughter back, a baby on the way and a home. I'm self sufficient for the 1st time in my life. They will always hold a special place in my heart"

"In November 2008 I came to this program, broken, lost and in a really dark lonely place. I had nothing and no one. Thru all the therapist meetings, classes and the loving staff, I began to start looking at my life in different perspective. I wanted something more out of my life. I had not seen my two kids in nearly 5 years. With the help of the staff, we began making calls and with the progress I had made and the time I had drug-free, I began to get visits. In 2011 I had full custody of my babies again. I could not have done this without the support of Chrysalis House telling me I was worth it and building me up from the inside, showing me I could do it and I did!"



During FY2017, Chrysalis House received grant support from the following:

**Orphan Society
United Way of the Bluegrass
Lexington-Fayette County Government
Good Samaritan Foundation
Housing and Urban Development
Bluegrass.org
Justice and Public Safety Cabinet
Bureau of Justice
Blue Grass Community Foundation
Wellcare—Comprehensive Health Management
The Cobb Foundation
SAMHSA Center for Substance Abuse Treatment
Bluegrass Charity Ball
Children's Charity of the Bluegrass
Prevent Child Abuse Kentucky
100 Women
Don Jacobs Charity Program
Operation UNITE
Partners for Youth
Office of the Attorney General
Keeneland Foundation
Department for Behavioral Health, Developmental & Intellectual Disabilities**

YOUR DONATION



Supports Women and Their Children

Many of our donors continue to give year after year. Donations provide services and necessary items to the women and children served at Chrysalis House. Donations can be sent via mail, taken over the phone, or made online at our website. If you have questions about making a financial donation to Chrysalis House, please go online and learn more at www.chrysalishouse.org



FINANCIAL STATEMENTS—BALANCE SHEET

	<u>June 30, 2017</u>	<u>June 30, 2016</u>
Assets		
Cash and cash equivalents	2,359,608	2,332,611
Accounts and grants receivable	366,590	54,110
Prepaid expenses	31,775	26,603
Accrued interest receivable	389,060	365,410
Investments	580,616	1,068,132
Notes receivable	473,000	473,000
Property and equipment, net	<u>1,595,715</u>	<u>1,695,447</u>
Total Assets	5,796,364	6,015,312
Liabilities		
Accounts payable	17,926	21,206
Accrued liabilities	128,584	115,191
Deferred revenue	350,000	612,993
Long term debt	<u>53,822</u>	<u>55,608</u>
Total Liabilities	550,332	804,999
Net Assets		
Unrestricted	4,017,805	4,010,297
Unrestricted - board designated	1,200,016	1,200,016
Total Net Assets	5,246,032	5,210,313
Total liabilities and net assets	5,796,364	6,015,312

FINANCIAL STATEMENTS - INCOME STATEMENT

	<u>June 30, 2017</u>	<u>June 30, 2016</u>
Revenue		
Grants	2,143,510	1,994,135
Contributions	318,484	328,493
In-Kind Contributions	57,787	0
Program Fees	144,195	134,284
Medicaid Reve	92,690	0
Interest Income	29,223	28,121
Unrealized Loss on Investments	-5	1,572
Miscellaneous Income	<u>1,467</u>	<u>3,551</u>
Total Revenue	2,787,351	2,490,156
Expenses		
Program Expenses	2,396,920	2,231,043
Management and General	320,454	350,372
Fundraising	<u>34,256</u>	<u>30,189</u>
Total Expenses	<u>2,751,630</u>	<u>2,611,604</u>
Change in net assets	35,721	-121,448
Net Assets, Beginning of Year	5,210,311	5,331,759
Net Assets, End of Year	5,246,032	5,210,311

