



Chrysalis House, Inc.
Annual Report
2014-2015



*Building a Community, one
Family at a Time...*



Our mission: To support women and their families in recovery from alcohol and other drug abuse.

Our vision: To help recovering chemically dependent women and their families lead sober, independent lives that are socially, physically, emotionally, spiritually stable and rewarding.

Our philosophy: To provide a safe, nurturing, and aesthetically pleasing environment for adult recovering women and their children. We recognize the disease concept of addiction and incorporate the Twelve Step Programs while infusing Evidence Based Practices into every aspect of our treatment program. We believe that addiction and mental health disorders affect every aspect of a woman's functioning, and the "whole" woman must be treated in order to achieve health, happiness, and serenity.

We accept each resident as a worthwhile individual, and treat all with dignity and respect. Chrysalis House, Inc. is staffed by a multi-disciplinary team made up of case managers, clinicians, and administrators. Some of the staff members are graduates of Chrysalis House, Inc. A volunteer Board of Directors, made up of social service providers, community leaders, members of the twelve step community, and former program participants, oversee the agency.

MISSION

2014—2015 Board of Directors

Lindy Karns, President

Erin Rouse, Vice-President

Robert May, Treasurer

John Cole, Secretary

Eileen O'Brien, Past-President

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Caroline Friesen

Julie Hamilton

Kim Harris

Nanci House

Tammy Nalle

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Angela Rice

George Ross, Ph.D.

Rowena Ruff

Ann Sturgill

Lindsay Hughes Thurston

David Whitehouse

Neal Vaughan, Emeritus

Lisa Minton, Executive Director

Letter From the Executive Director



This has been a year of transition for Chrysalis House. In addition to maintaining our Alcohol and Other Drug Entity (AODE) license, we are also licensed as a Behavioral Health Services Organization (BHSO). This additional license will allow us to bill Medicaid and insurance

companies directly. The BHSO license requires accreditation by a nationally recognized accreditation organization. Our application for an accreditation survey with Commission on Accreditation of Rehabilitation Facilities (CARF) has been submitted.

I deeply appreciate the efforts of the Chrysalis House Board, staff, and clients in implementing the necessary changes. The changes will help to ensure the best care possible for our women and children. Person-centered care is individualized and incorporates strengths, needs, abilities, and preferences for successful and rewarding recovery.

We have seen the impact of opiate dependence on the population we serve. Improvements to our treatment delivery will allow us to enhance services to pregnant and parenting women at Chrysalis House... improving outcomes for babies born to women with substance use disorders.

Credentialed staff integrate mental health and substance abuse treatment using evidence-based practices. Service provision is trauma-informed and includes: individual and group therapy, case management, domestic violence counseling, GED tutoring, vocational training, medical care and children's services. Helping women provide for themselves and their children, promoting self-sufficiency, long-term sobriety, and improving mother-child attachment continue to be our overarching goals.

Chrysalis House is a wonderful place for women and children to heal and grow.

Lisa R. Minton, Executive Director

FAMILY-CENTERED TREATMENT

Chrysalis House values a holistic model for the treatment of substance abuse and mental health issues. This model is manifested by a multi-disciplinary, evidenced based and family-centered treatment approach.

Family-centered treatment is a comprehensive strategy that addresses the nature of substance use disorders. Chrysalis House provides a full range of services to address the array of problems women with substance use disorders,



their children, and other family members must tackle to reduce substance use and improve individual and family outcomes. The woman, with a substance use disorder, is the core person of family-centered treatment at Chrysalis House, with her children and other family members as secondary.

Our person-centered approach requests all staff to remember clients served as whole human beings with hearts, souls, and desires. To realize the client's wishes and potential, support and encouragement is required. Person-centered planning focuses on identifying and maximizing the strengths and preferences rather than creating lists of what the individual cannot do.

DOMESTIC VIOLENCE PROGRAM

The Chrysalis House Domestic Violence Program fits within our philosophy of holistic treatment since approximately 94% of women entering Chrysalis House have experienced interpersonal violence. A Master's Level therapist with proficient knowledge in providing trauma informed care oversees the program. The services provided by the Domestic Violence Therapist include, but not limited to: assessment of risk, safety planning, collaboration with the legal system and victim advocacy organizations, psycho-education directed toward increasing knowledge, and individual therapy sessions to address the violence and any resulting stress disorders

During 2014

- 169 Domestic Violence Assessments were completed.

- 108 clients participated in Domestic Violence Educational groups.
- 278 referrals to collaborative agencies. Each participant who attends the DV psycho-educational group is referred to both Fayette County Circuit Court Clerk's office for protective orders and to other collaborating non-profit agencies.
- 5 clients requested an Emergency Protective Order (EPO) and 5 were granted.
- 5 clients requested a Domestic Violence Order (DVO) and 3 were granted.



Chrysalis House Offers Hope to Mothers

Chrysalis House admitted 130 women, including 49 pregnant women during fiscal year 2014-2015. To provide a supportive environment for increasing numbers of pregnant clients, Chrysalis House developed a pregnant and parenting program.

The pregnant and parenting program's goals are to:

- Decrease the use and/or abuse of prescription drugs, alcohol, tobacco, illicit and other harmful drugs (e.g., inhalants) among pregnant and postpartum women.
- Increase safe and healthy pregnancies; improve birth outcomes; and reduce perinatal and environmentally related effects of maternal and/or paternal drug abuse on infants and children.
- Improve the mental and physical health of the children; prevent mental, emotional, and behavioral disorders among the children.
- Improve parenting skills, family functioning, economic stability, and quality of life.
- Decrease involvement in and exposure to crime; violence; neglect; and physical emotional and sexual abuse for all family members.

With funding from the Center for Substance Abuse Treatment, Chrysalis House contracted with the University of Kentucky, College of Social Work, to monitor these goals.



**83 (64%) Women Completed or Actively
Participating in our Residential Program**

226 Other Mental Health Services

2161 Case Management Sessions

2743 Psychoeducational Groups

1864 Group Counseling Sessions

1913 Individual Counseling Sessions

130 Women Admitted

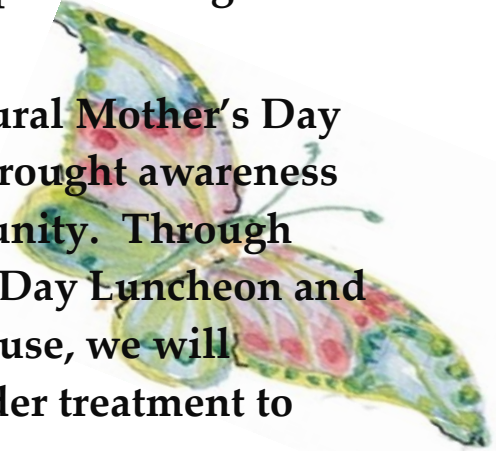


Mrs. Angela Rice

Recipient of the
2015 Neal Vaughan
Spirit Award

As Chrysalis House continues on its mission to make a difference in the lives of recovering women and their families, we realize that community support is a large component of our success.

In 2011, Chrysalis House held the inaugural Mother's Day Luncheon. This fundraising event has brought awareness and education of addiction to the community. Through fundraising events such as the Mother's Day Luncheon and the generous supporters of Chrysalis House, we will continue to provide substance use disorder treatment to women and their children for years to come.



Mrs. Cornelia Dozier-Cooper

4th Annual Chrysalis House
Mother's Day Honoree

In the Words of Our Clients...

"I won't call this a program or place. . .this House has been the first Home I've had in a long time. Chrysalis House has taught me about Love, strength, courage, forgiveness, stability, hope, faith, togetherness, support, friendship and most of all Family. Without my home I wouldn't be where I am and who I am today."

"before the chrysalis house I wasn't allowed to even speak to my daughter and the court said I'd never see my unborn son! today I have custody of both of them with another on the way and no welfare! so thank you to God the Chrysalis house and my family for supporting me and teaching me how to take back control of my life!"

"I lived in the Chrysalis House for a very much needed 11 months and then another year in aftercare! Today I have custody of all three of my kids, I'm married and we have a home of our own (no welfare)! I couldn't have become the mother and wife that I am without the program and the funds that allow it to function! "

"I am a former client. I graduated in March of 2007. The Chrysalis House saved my life and my family. Since graduating from CH I went back to school and got licensed as a Master cosmetologist, I got my kid and my life back. We are doing great. I could never repay the CH for all they have done for us but I would love to become more involved. I love my career but still feel that my passion is to help women, children and families to overcome substance abuse. Im not sure where to start but would love to go back to school to get a degree toward counseling."



"I am writing to let you know that I am celebrating 7 years today of being clean and sober. If it wasn't for you I don't know where I would be. Thank you to all your staff when I was there that was strict on me and guided me down the right path...you saved my life. God bless you!"

During FY2015, Chrysalis House received grant support from the following:

**Orphan Society
United Way of the Bluegrass
Lexington-Fayette County Government
Good Samaritan Foundation
Housing and Urban Development
Bluegrass.org
Justice and Public Safety Cabinet
Office of Justice Programs
Wal-Mart Foundation
The Cobb Foundation
SAMHSA Center for Substance Abuse Treatment
Bluegrass Charity Ball
Children's Charity of the Bluegrass
Prevent Child Abuse Kentucky
100 Women
Ronald McDonald Charities
Richard Reynolds Foundation**



YOUR DONATION

Supports Women and Their Children

Many of our donors continue to give year after year. Donations provide services and necessary items to the women and children served at Chrysalis House. Donations can be sent via mail, taken over the phone, or made online at our website. If you have questions about making a financial donation to Chrysalis House, please go online and learn more at www.chrysalishouse.org

*If nothing ever
changed, there'd be
no butterflies.
-Unknown*

FINANCIAL STATEMENTS - BALANCE SHEET

	<u>FYE JUNE 30, 2015</u>	<u>FYE JUNE 30, 2014</u>
Assets		
Cash and cash equivalents	2,212,291	2,003,960
Accounts and grants receivable	143,457	191,782
Prepaid expenses	26,004	27,341
Accrued interest receivable	341,760	318,110
Investments	1,061,560	1,057,641
Notes receivable	473,000	473,000
Property and equipment, net	<u>1,816,896</u>	<u>1,948,988</u>
Total Assets	<u>6,074,968</u>	<u>6,020,822</u>
Liabilities		
Accounts payable	16,333	22,927
Accrued liabilities	89,315	70,876
Deferred revenue	578,016	600,000
Long term debt	<u>59,543</u>	<u>63,439</u>
Total Liabilities	<u>743,206</u>	<u>757,241</u>
Net Assets		
Unrestricted	4,131,746	4,179,182
Unrestricted - board designated	<u>1,200,016</u>	<u>1,084,399</u>
Total Net Assets	<u>5,331,762</u>	<u>5,263,581</u>
Total liabilities and net assets	<u>6,074,968</u>	<u>6,020,822</u>



FINANCIAL STATEMENTS - STATEMENT OF ACTIVITIES

	<u>FYE June 30, 2015</u>	<u>FYE June 30, 2014</u>
Revenue		
Grants	2,269,715	2,461,048
Contributions	358,220	308,043
In-Kind Contributions	3,792	20,240
Program Fees	148,729	166,578
Interest Income	27,654	28,541
Unrealized Loss on Investments	(882)	773
Miscellaneous Income	605	7,897
Medicaid	<u>0</u>	<u>14,708</u>
Total Revenue	<u>2,807,832</u>	<u>3,007,829</u>
Expenses		
Program Expenses	2,421,239	2,480,521
Management and General	300,508	266,837
Fundraising	17,906	23,003
Total Expenses	<u>2,739,653</u>	<u>2,770,361</u>
Change in net assets	<u>68,178</u>	<u>237,466</u>
Net Assets, Beginning of Year	<u>5,263,581</u>	<u>5,026,115</u>
Net Assets, End of Year	<u>5,331,759</u>	<u>5,263,581</u>