"Just when the caterpillar thought life was over... it became a butterfly...

I never thought I would be on drugs, pregnant, and homeless at 22. In high school I played basketball and even made honor roll once. After high school I started community college. Before I knew what had happened, I got mixed up with the wrong crowd, the really wrong crowd. I found myself getting drunk every day and abusing prescription pain medication. I lost my part-time job at a department store. I didn’t want to use drugs and alcohol, but I was addicted—I had lost complete control.

Then, I found Chrysalis House. I came to Chrysalis House 5 months pregnant. Chrysalis House took me in: homeless, an addict, pregnant—a woman who on the outside had no chance. Hand in hand they taught me how to live, and I began to learn recovery can be a reality. Eventually this little caterpillar took flight as a butterfly. Today, I have an associate degree, my own apartment, a job, and most importantly, I am a mother to my healthy little boy, Jay. —Evelyn M.
Starting line at the R. J. Corman Duathlon and 5K.

Assistant Director Mary Allison Belshoff with two Halloween munchkins.

Heading towards the finish line!

Mrs. Neal Vaughan, Board Emeritus, Deputy Chief Justice Mary Noble, and Board President Eileen O’Brien at the Chrysalis House Volunteer Luncheon.
Chrysalis House: Family-Based Treatment

In the last year, 28 babies have been born at Chrysalis House, with an additional 35 toddlers living with their mothers in treatment.

Chrysalis House is a family-based treatment program that provides extensive comprehensive services. Family-based treatment programs permit mothers and children to heal together. Successful outcomes include children's health and stability, family reunification, reduced rates of recidivism and sustained parental sobriety.

In 2003, the Center for Substance Abuse Treatment evaluated family residential treatment programs and found that, at six months post-treatment:

- 60% of the mothers remained completely clean and sober.
- Criminal arrests declined by 43%.
- 44% of the children were returned from foster care.
- 88% of the children treated in the programs with their mothers remained stabilized, six months after discharge.
- Employment rose from 7% to 37% post-treatment.
- Enrollment in education and vocational training increased from 2% prior to treatment to 19% post-treatment.

Chrysalis House saves families.

“It’s essential to recognize that treatment for mothers is prevention for children…” – Renee Lee

Winter Wish List

Laundry detergent  Baby bedding  Socks
Diapers  Receiving blankets  Mittens
Baby wipes  Twin size bedding  Hats
Women's underwear  Women's coats  Scarves
Infant onesies  Kid’s coats  Long underwear

Chrysalis House: Saving lives for over 32 years.

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Thank you to the sponsors of the R.J. Corman Duathlon and 5K to benefit Chrysalis House!

October 2, 2010
8:00am
R.J. Corman • Nicholasville, KY

5K run/walk
(3.1 miles)
& Duathlon
(5K run - 15 mile bike - 5K run)

$6,000 in Cash Prizes

Register today at Chrysalishouse.org